



Module 6C – Goal Attainment Package

When you purchased Academy of Choice’s InsideOut Coaching program, you received a link to gain access to our Goal Attainment Package. If you didn’t do it then, please download it now. It is at <http://www.academyofchoice.com/goal-attainment-package/>.

Listen to the recording while following the Tip Sheet as a guide. When done, read the eBook, one chapter at a time and complete the corresponding action item in the Action Book. Email your action items to assignments@academyofchoice.com as you complete them. There are a total of 15 action items.

You are asked to complete this process so you know what it is like to be on the receiving end of the coaching experience. This assignment will be waived if you are signed up for the special seven-session coaching package [for InsideOut Coaches only](#).